

Keep Believing in Yourself

There may be days
when you get up in the morning
and things aren't the way
you had hoped they would be.
That's when you have to
tell yourself that things will get better.
There are times when people
disappoint you and let you down,
but those are the times
when you must remind yourself
to trust your own judgments
and opinions,
to keep your life focused on
believing in yourself
and all that you are capable of.

There will be challenges to face
and changes to make in your life,
and it is up to you to accept them.
Constantly keep yourself headed
in the right direction for you