

What is CONSENT?

Consent means to give your PERMISSION by saying "YES."

- Sex **without consent** is rape. Being under the influence of alcohol or drugs can interfere with your judgment to give consent.
- Consent is ACTIVE, not passive.
- Consent is only possible when there is **EQUAL POWER** between the person who asks for it and the person who gives it.
- You and your partner always have the right to say "NO," and you always have the right to have your answer respected and accepted.
- If you say yes at first, you can **always change your mind**. A **RESPECTFUL PARTNER** will be okay with that. If a person continues to force or pressure you after you've changed your mind, it is not consent.
- Consent **cannot be obtained** from a person who is unconscious.
- Consent **cannot be obtained** from a person who is incapacitated by any intoxicating or anesthetic substance such as alcohol or drugs.
- Consent is **not possible** when there has been deception or manipulation.
- To give your permission, you must be able to say "YES" or "NO" **WITHOUT PRESSURE**.
- If someone gets you to do something through lying or coercion, you did not give consent, because that person tricked and/or manipulated you.
- **TRUST YOUR FEELINGS**. If you feel you are being **pressured into unwanted sex**, you are. You don't have to be "nice".

Always respect the word "NO" as meaning "NO."

YOU ALWAYS HAVE THE RIGHT TO SAY "NO."



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