

What is Caring Dads?

Through 17 sessions fathers will...

- Develop skills to cope in healthy ways with frustrating situations
- Understand how different fathering strategies and choices affect children
- Increase their awareness of controlling, abusive, and neglectful attitudes and behaviors
- Be provided with strategies to strengthen the father-child relationship

**Caring Dads
of
Bennington County**



IS CARING DADS RIGHT FOR YOU?

Do you sometimes worry about how angry you feel about your child?

Do you sometimes have a hard time letting go angry thoughts about your children or your children's mother?

Do you often feel like your children are intentionally trying to annoy you?

Do you ever feel like you interrogate your children about what goes on at their mother's house?

Do you ever criticize your children's mother in front of your children?

Facts about fathering:

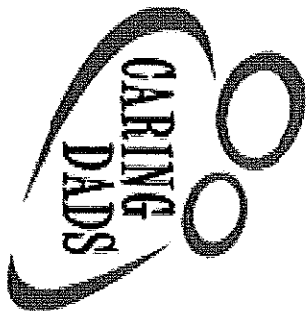
Fathers can and want to be a positive influence in the lives of their children.

Positively involved fathers enhance their children's academic, personal and social development.

Unfortunately, fathers can also have a negative impact on their children. This occurs when fathers:

- Do not understand the feelings and needs of their children
- Harshly discipline their children
- Argue frequently with their children's mothers
- Use abusive and controlling behavior

Caring Dads



- Eligibility is determined during a required screening interview.

- We accept referrals from individuals and from other organizations.

- The **Caring Dads** program runs once a week for 17 weeks, combining active group discussions, exercises, and homework.

This group offers a unique opportunity for men to connect as fathers.

For more information

Caring Dads contact:

Todd Prevost

802 447-6503



Nora Parsons

802 447-4811



“I used to think that kids just needed a good whack. Now I think they just need an adult to make an effort.”

Funding for Caring Dads
generously provided by:

Department of Corrections

Department of Children and Families

Sunrise Family Resource Center

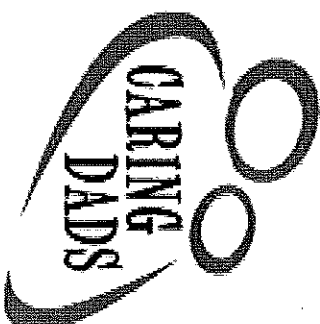
Community Organizations

Private Donations

Caring Dads

of Bennington County

Helping fathers value their children



A program to help fathers
improve their relationships
with their children

